

Can you Taste the Rainbow?

Is hard to decipher the difference between each flavored skittles? No, all you need to do is look at them, right? The colors give you a 'clue' as to what the flavor is! But what would happen if you could not see the colors, and had to rely only on your sense of taste?

Let's try it and see what happens!

What you will need:

1. At least 2 people
2. 1 blindfold per 2 people
3. 1 nose clip or laundry pin per group (to pinch nose closed) – or can use fingers to pinch
4. Baggie of Skittles per 2, divide them in ½ to try to get one set of colors per person.
5. The below chart, or a piece of paper.

What you will do:

** Remember you need all your senses to help tell you information about food?

1. START with the blindfold on and nose plugged (only if you want to plug your nose).
2. One by one, hold your hand out to receive 1 skittle at a time. Can you tell what flavor it is? How many times did you have to guess before getting it correct?
3. Try to taste your way through the rainbow of colors/flavors.
4. NEXT try it with only the blindfolds.
 - a. Is it easier/harder with only the blindfold?
 - b. Why?

Attempt 1 – Blindfolded with nose plugged

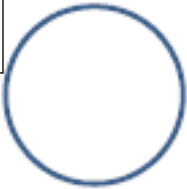
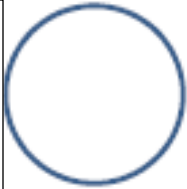
Attempt 2 – Blindfolded



Can you taste the Rainbow?

Skittles
(Randomize order)

Write the color you will give the taster, inside the circles.



Describe the flavor. What flavor does it taste like?

Comment:

Comment:

Comment:

Comment:

Comment:

What color was it?

Write the color the taster guessed, here on the lines.
